

# ConditionCare

## Help your employees live better

### Extra support for healthier lives

Looking to keep your employees healthy, happy, engaged and productive? Our ConditionCare program can do all of these things, plus help employees live better with a long-term health condition, like:

- Asthma (pediatric and adult)
- Diabetes (pediatric and adult)
- Chronic obstructive pulmonary disease (COPD)
- Coronary artery disease
- Heart failure

With ConditionCare, employees get personalized, one-on-one support and 24/7 access to a nurse care manager. They also get information, tools and educational resources, like email newsletters, to help them avoid:

- Unnecessary emergency room visits
- Hospital stays
- Time away from the job



Workers with chronic disease cost employers

**\$225.8** billion  
in losses

each year due to absenteeism and reduced on-the-job productivity.<sup>1</sup>



On average, our care management programs were able to **reduce costs by \$2,044 per engaged member**. That's **\$384 per engaged member** with diabetes and **\$111 for members** with asthma.<sup>2</sup>

Empire   
BLUECROSS BLUESHIELD

An Anthem Company



**Your employees can also count on extra support from other specialists like health educators, dietitians and pharmacists. They work with employees to help them:**

- Understand their condition
- Avoid health complications
- Follow their doctor's orders and take their medicine properly
- Answer questions between doctor visits
- Coordinate their care
- Get help for depression, if needed

### **What can a nurse care manager do for your employees? A lot.**

The nurse care manager will work with your employees to come up with a plan that's right for them and their unique health goals.

Typically, the nurse care manager starts with a quick health assessment to find health risks. Based on those results and, the doctor's care plan, a personalized program is created with your employees in mind.

From start to finish, your employees will get the extra support they need to make healthy changes.

<sup>1</sup> ETG Savings Analysis White Paper, 2017.

<sup>2</sup> Centers for Disease Control and Prevention: Using the Workplace to Improve the Nation's Health At A Glance 2016 (February 2, 2017): cdc.gov.